



P.O. Box 274

Pence Springs

West Virginia

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[bethlehemfarm.net](http://bethlehemfarm.net)

## Recommended Packing List

### What to Bring:

- Work shirts (short-sleeve shirts: no tank tops, cut-offs)
- Work pants (required for work sites: no shorts)
- Work gloves & boots
- Belt
- Leisure clothes (shorts are fine, but no revealing clothing, tight shirts, spaghetti strap tank tops)
- Leisure shoes (tennis shoes/sandals)
- Warm sweater or jacket (even in early summer, mornings and evenings can be chilly)
- Rain gear
- Sunglasses or a hat
- Modest Swimsuit (during the summer months, we may take a dip at the end of the week)
- Slippers or indoor shoes (shoes worn outside are taken off at the door)
- Shower Shoes/Sandals (for bucket showers)
- Sleeping bag or set of sheets (beds and bunks are provided)
- Toiletries
- Modest pajamas (sleeping areas can be quite cool, so pack accordingly)
- Water bottle
- Sunscreen
- Flashlight
- **Insurance card (*in case of emergency*)**

\* Clothes should fit the season of your week here. It can be very cold in fall, winter, and spring and hot in the spring, summer, and fall--please plan accordingly!

\* The Farm House can be very cool (55-65) from October-May, please take that into account

\* You can check the weather for the week by looking up Alderson, WV

\* Do not bring any clothes that cannot get dirty

### Optional:

- Pillow
- Snacks to share with all
- Your favorite devotions and songs for prayer
- Musical instrument(s)
- Journal, bible, and/or a book to read
- A little spending money (for the Farm store, dinner on the way here, etc.)
- Camera
- A bag for dirty laundry
- Frisbee, football, and things for other free-time activities
- Ear plugs (for light sleepers)

### What NOT to bring:

- Bottled water or soda pop (our water is healthier for you and for our Earth)
- Watches, iPods, Blackberries, cell phones, or other personal electronic devices (simplicity)
- Makeup, hair dryers or curling irons (not necessary—some of the things we give up for the week)
- Weapons of any kind
- Drugs and/or alcohol